



# VAN DER MEER TENNIS ACADEMY

## DECEMBER, 2018 NEWSLETTER



**Dennis Van der Meer**  
Founder

**Pat Van der Meer**  
Academy Co-Director

**Brian DeVilliers**  
Academy Director

**Elizma Nortje**  
Head Pro, Mental  
Training Director

**Katie Ruth**  
Head Pro, Academy  
Fitness Director

**Reggie Sanderson**  
Sr Academy Coach  
Tournament Director

**Nick Grafton**  
**Nate Horvit**  
**Phil O'Sullivan**  
**Haris Poric**  
**Intissar Rassif**  
**Josh Smith**  
Academy Coaches

**Sally Droop**  
Quickstart Instructor

**Melissa Marchetta**  
Head of Housing

## Our Holiday Wish for VDM Academy Students



**Enjoyment** in playing  
**Improvement** of your skills  
**Growth** of your mind and body  
**Resolve** to work hard at all times  
**Discipline** to improve your mental game  
**Heart** to compete and always give your best  
**Courage** to keep fighting and never give up  
**Perseverance** to find a way to win even when not playing your best  
**Grace** in losing while learning something to help you later  
**Patience** to find the solution to problems  
**Joy** of winning some hard fought battles  
**Determination** to make hard practice fun  
**Confidence** to try new things

Happy Holidays!

from everyone at

**VAN DER MEER TENNIS ACADEMY**

## COLLEGE SIGNINGS



**ZOE CAUTHEN**  
CHARLESTON SOUTHERN



**RYOHEI ARAI**  
SAVANNAH COLLEGE  
OF ART & DESIGN

## WINTER HOLIDAY CAMPS

- December 27-29, 2018
- Dec. 31-Jan 4, 2019

## JUNIOR SPRING BREAK & ACADEMY WEEKS

Make your plans now to train with the best over Spring Break. Kick it up a notch with our World Class Coaches. Take it to the Next Level on court at the world famous VDM Tennis Center. Visit [vdmtennis.com](http://vdmtennis.com) or call our sales department for more information.



## JUNIOR SUMMER CAMPS – TAKE IT TO THE NEXT LEVEL

Van Der Meer Academy had an awesome summer - full camps with lots of great match play on all surfaces along with excellent tournament results. The academy camp again had visiting teams and players from as far as Ethiopia, Slovenia, Russia, Australia, Spain, Thailand and Japan and as close as Atlanta. Holiday Camps for 2018 are now taking reservations and the dates for 2019 summer camps are set. Boarding was full last summer, so reservations should be booked well in advance. Visit [vdmtennis.com](http://vdmtennis.com) or call our sales department for more information.



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HILTON HEAD ISLAND, SC 1.800.845.6138



[WWW.VDMACADEMY.COM](http://WWW.VDMACADEMY.COM)

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### TEAM VDM CHAMPS

Some of the terrific stars at the VDM Academy. We salute our players' great tournament results for the first semester. The kids worked hard on and off court to improve their strokes, tactics and fitness with our excellent coaches. They displayed discipline, respect and great sportsmanship while competing at their best level! Looking forward to an even greater 2019 for TEAM VDM.



### FITNESS CORNER – FIRST SEMESTER FITNESS STARS

We believe that balancing fitness and mental toughness with strokes and tactics make great players. Our staff voted the following players most consistent in overall effort and performance in the gym and on court fitness for the Fall Semester



**MCGEE ISGETT**  
MALE MOST  
IMPROVED PLAYER



**AVERY BROTHERS**  
FEMALE MOST  
IMPROVED PLAYER



**RYOHEI ARAI**  
MALE MENTAL  
TOUGHNESS STAR



**EMILY RUCKNO**  
FEMALE MENTAL  
TOUGHNESS STAR



**DANIEL BOTTI**  
MALE FITNESS STAR



**BELLE KUHNERT**  
FEMALE FITNESS STAR



**KWANI HAGOS**  
MALE FITNESS  
MOST IMPROVED



**HAILEY POPLIN**  
FEMALE FITNESS  
MOST IMPROVED



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