



# VAN DER MEER TENNIS ACADEMY

## DECEMBER, 2019 NEWSLETTER



**Dennis Van der Meer**  
Founder

**Pat Van der Meer**  
Academy Co-Director

**Brian DeVilliers**  
Academy Director

**Katie Ruth**  
Head Pro, Academy  
Fitness Director

**Elizma Nortje**  
Head Pro, Mental  
Training Director

**Nick Grafton**  
Fitness Coach  
Athletic Trainer

**Yonas Gebre**  
**Nick Grafton**  
**Haris Poric**  
**Becca Richison**  
**Lauren Strasburger**  
Academy Coaches

**Sally Droop**  
Quickstart Instructor

**Melissa Marchetta**  
Head of Housing

### Our Holiday Wish for VDM Academy Students



**Enjoyment** in playing  
**Improvement** of your skills  
**Growth** of your mind and body  
**Resolve** to work hard at all times  
**Discipline** to improve your mental game  
**Heart** to compete and always give your best  
**Courage** to keep fighting and never give up  
**Perseverance** to find a way to win even when not playing your best  
**Grace** in losing while learning something to help you later  
**Patience** to find the solution to problems  
**Joy** of winning some hard fought battles  
**Determination** to make hard practice fun  
**Confidence** to try new things

Happy Holidays!

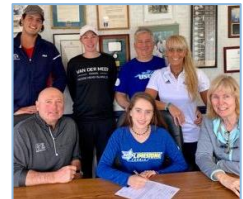
from everyone at

**VAN DER MEER TENNIS ACADEMY**

### COLLEGE SIGNINGS



**DANIEL BOTTI**  
SOUTHERN UTAH



**SOPHIA MARCHETTA**  
LIMESTONE

### WINTER HOLIDAY CAMPS

Advance your game with our experienced international staff over the winter holidays:

**Junior Weekend Clinic - 12/27 & 12/28/19**  
**Junior Week Clinic - 12/30-1/3/20**



### JUNIOR SPRING BREAK & ACADEMY WEEKS

Make your plans now to train with the best over Spring Break. Kick it up a notch with our World Class Coaches. Take it to the Next Level on court at the world famous VDM Tennis Center. Visit [vdmtennis.com](http://vdmtennis.com) or call our sales department for more information.



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HILTON HEAD ISLAND, SC 1.800.845.6138



[WWW.VDMACADEMY.COM](http://WWW.VDMACADEMY.COM)

[WWW.FACEBOOK.COM/VDMTENNISACADEMY](http://WWW.FACEBOOK.COM/VDMTENNISACADEMY)



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### TEAM VDM CHAMPS

Some of the terrific stars at the VDM Academy. We salute our players' great tournament results for the first semester. The kids worked hard on and off court to improve their strokes, tactics and fitness with our excellent coaches. They displayed discipline, respect and great sportsmanship while competing at their best level! Looking forward to an even greater 2020 for TEAM VDM.

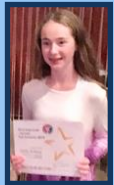


### FITNESS CORNER – FIRST SEMESTER STARS

We believe that balancing fitness and mental toughness with strokes and tactics make great players. Our staff voted the following players most consistent in overall effort and performance in the following areas for the Fall Semester:



**KWANI HAGOS**  
MALE MOST IMPROVED PLAYER



**CARLY ANTHONY**  
FEMALE MOST IMPROVED PLAYER



**KENKO VICIAN-FLECHNER**  
MALE MENTAL TOUGHNESS STAR



**BROOKE WRIGLEY**  
FEMALE MENTAL TOUGHNESS STAR



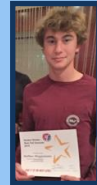
**HARRISON ARNHOLT**  
MALE FITNESS STAR



**HAILEY POPLIN**  
FEMALE FITNESS STAR



**MARIA HERRMANN**  
FEMALE FITNESS STAR



**MATT MAGGIACOMO**  
MALE HARDEST WORKER



**BELLE KUHNERT**  
FEMALE HARDEST WORKER



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