



DENNIS VAN DER MEER



VAN DER MEER TENNIS ACADEMY



Dennis Van der Meer

is the Founder and President of Van Der Meer Tennis and the Professional Tennis Registry (PTR). Dennis, a registered coach of both the ATP and WTA, is recognized worldwide for his innovative teaching techniques, and has received numerous awards for teaching and coaching, including being named “Olympic Developmental Coach of the Year” in 1997. Most recently, Dennis was awarded an honorary doctorate from the University of Greenwich, England. Dennis has coached hundreds of nationally and internationally ranked junior and professional players throughout his career, including such champions as Billie Jean King and Margaret Court, and has an uncanny knack for finding the best, most efficient way to help players reach their maximum potential.

TAKE IT TO THE NEXT LEVEL!



ACADEMY OVERVIEW



VAN DER MEER TENNIS ACADEMY

Internationally acclaimed Van Der Meer Tennis Academy is the premier training center for players who want intense tennis practices combined with a strong academic focus. Founded in 1984 by Olympic Developmental Coach of the year, Dennis Van der Meer, **our goal is to be sure our players have the best base to propel them to the top.** Our students have reached the pinnacle of ATP and WTA rankings, as well as the NCAA and National ranking lists.

Many of our students will ultimately be balancing college tennis and academics. Van Der Meer Academy helps prepare them to succeed in high performance tennis, academics, and the demands of independent living. Under the direction of Pat Van der Meer, our highly experienced, certified coaching staff provides a personalized training program designed to push our players to their highest level. We are dedicated to the ideals of our founder, Dennis Van der Meer, known worldwide as the pro's pro. For more than 28 years, VDM Academy in Hilton Head has been the training center of choice for dozens of top 100 WTA and ATP players, as well as National and Collegiate champions.* (see Past Players list)

Our mission at the Van Der Meer Academy is to build tennis stars who are also life champions. Whether the goal is qualifying for the Pro Tour, earning a college scholarship, or aspiring to get those first national points, our players are given the tools to succeed. Our code of conduct ensures that all the hard work is productive and fun. A typical training week includes mental toughness, fitness and conditioning for injury prevention, lots of competitive match play, and drills designed to instill effective patterns of play. Many players opt for extra lessons to work on specifics, which have been identified in their video sessions. Our expert coaches keep time open for full time academy players.

Tournament scheduling is another critical area of expertise we offer. In order to get on the fast track, it's important to get good advice about collecting the points needed to get into bigger tournaments, and to get coaching at a range of events. Van Der Meer students get a potential group tournament schedule each semester, and individual coaching requests are fulfilled whenever possible.

*Top hundred global tour players who have trained full or part time at Van Der Meer Academy during their careers include among many others: Amanda Coetzer (WTA 3, South Africa), Liezel Horn Huber (WTA doubles #1, formerly RSA, now US), Virginia Ruano Pascual (WTA doubles #1, Spain), Naoko Sawamatsu (WTA #14, Japan), Li Fang (WTA #92, China), Marcos Ondruska (ATP #27, RSA), Grant Stafford (ATP #56, RSA), David Wheaton (ATP #12, US), Neville Godwin (ATP #90, RSA), Lan Bale (ATP doubles #27, RSA), Aniko Kapros (WTA #45, Hungary), Alison Riske (WTA #32, US), KJ Hippensteel (ATP #152, US), Julie Ditty (US) and Mercedes Paz (WTA #39, Argentina)

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LOCATION, FACILITIES, AND ACCOMMODATIONS



VAN DER MEER TENNIS ACADEMY

LOCATION

Conveniently located, Hilton Head Island, South Carolina is easily accessible from The Savannah/Hilton Head International Airport in Savannah, GA, as well as our very own Hilton Head Airport. Ground transportation options are available at both airports providing comfortable door-to-door service.

Nestled in the heart of Hilton Head Island, Van Der Meer Tennis facilities are just steps away from pristine beaches, lush forest biking paths, coastal marine life, and local southern hospitality. When not on the tennis courts, our players enjoy strolling to nearby restaurants, exploring the Atlantic Coastline, and shopping with their friends. Hilton Head is a safe barrier island with a casual life-style nicely removed from the tumult of the modern world.

CLIMATE

The subtropical climate on Hilton Head Island allows players to train year-round. Carolina blue skies and gentle ocean breezes provide the perfect venue for our Academy.

FACILITIES

Van Der Meer Tennis has been recognized by Tennis Magazine as a Top 50 Resort and mentioned in USA Today as a Top 10 Learning Vacation Program worldwide. In addition, Van Der Meer is the U.S. testing site for Head® Racquet Sports and proudly partners with elite tennis industry sponsors.

Players at Van Der Meer Tennis Academy train primarily at the Tennis Center showcasing 14 hard courts. Four of the courts are covered, allowing practice even on a rare inclement weather day. Just five minutes away at nearby Van Der Meer Shipyard Tennis Resort, additional practice can occur on 13 clay courts. Three climate-controlled indoor courts and four outdoor hardcourts at the Shipyard facility complete the offerings at this ultimate tennis destination. No other site in the region provides the opportunity to play tennis 365 days a year.

FAMILY-ORIENTED HOUSING

Inside their condos, boarders enjoy a comfortable space where they can relax, do homework, and listen to music. All apartments are nicely furnished, providing an inviting “home away from home” atmosphere. A weekly service keeps rooms clean and attractive. Each villa is equipped with a washer and dryer. Following a heated practice, players can cool off in the Beach Arbor pool adjacent to their residence. On-site supervision is provided by mature house parents who serve as mentors, role models, and caretakers of our World Class players.

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PLAYER TRAINING



VAN DER MEER TENNIS ACADEMY

FROM ON-COURT PLAY, TO MENTAL TOUGHNESS, TO FITNESS AND CONDITIONING, THE VAN DER MEER INTEGRATED APPROACH INSTILLS A COMPETITIVE EDGE THAT MAXIMIZES TENNIS PERFORMANCE

ACADEMY TRAINING SCHEDULE

DAY	AM	PM
Monday	Off	3:00–6:00 *Mental Toughness Training Session included
Tuesday	10:00 - 12:00	3:00–6:00 5:30–6:30 VDM Strength Program at Players Club *(optional, ages 14+)
Wednesday	10:00-12:00	3:00–6:00 *Mental Toughness Training Session included
Thursday	10:00 - 12:00	3:00–6:00 5:30–6:30 VDM Strength Program at Players Club *(optional, ages 14+)
Friday	10:00-12:00	3:00–6:00 *Mental Toughness Training Session included
Saturday	9:00–12:00	Off
Sunday	Off	Off

SCHEDULE SUBJECT TO CHANGE

NOTE: All sessions include fitness and mental toughness training

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MEET THE PROS



VAN DER MEER TENNIS ACADEMY



Pat Van der Meer

is the Co-Director of Van Der Meer Tennis Academy and the Director of the Van Der Meer Summer Circuit Program. As one of the first registered WTA coaches, Pat has extensive coaching experience at all levels. With her husband Dennis, Pat has coached players to the finals of Grand Slam junior and professional events. She has been an Area Training Center Head Coach and was named South Carolina Pro of the Year in 1991. In 1993, Pat earned the PTR's Coach Jim Verdieck Award and received the International Tennis Hall of Fame's Tennis and Education Merit Award in 2002.



Brian DeVilliers

is the Academy Director and has travelled the world training coaches and players with Dennis and Pat Van der Meer and helped launch the VDM Academy as a travel coach on the WTA tour. He has developed and coached 5 top 40 WTA players including the 2011 US Open Mixed Doubles Champion, Melanie Oudin. He joined Denis Van der Meer in being honored as US Olympic Development Coach in 2008. He was named USPTA Southern touring coach of the year in 2010, and is PTR and USPTA certified. Brian also holds IPTA, USTA High Performance, and USTA Sports Science certifications.



Katie Ruth

is the Fitness Director and a Head Pro who has been at Van Der Meer Tennis Academy since 2014. She played NCAA DII tennis at Clayton State University, reaching the Sweet Sixteen and Final Four in 2010 and 2011. She was ranked #2 in NCAA for doubles resulting in being an All-American. She graduated in 2012 with a degree in Health & Fitness Management. Katie has fitness certifications with Etcheberry Fitness, and also with the International Tennis Performance Association as a Tennis Performance Trainer and as a Certified Tennis Performance Specialist.



Elizma Nortje

is a former WTA player, and competed in tournaments such as Wimbledon and the French Open. Having been based as a player at VDM Academy, she launched her coaching career after taking the Tennis University course with Dennis Van Der Meer. Elizma played NCAA Div 1 and graduated from United States International University, San Diego, CA. A certified ITF Level 3 High Performance Tennis Coach she worked with many top Spanish tennis academies and players such as David Ferrer (ATP#3) and his team. As the ITF International Touring Coach she worked with the best European, Asian and African players such as Alexander Zverev - ATP #4 (Ger), Grigor Dimitrov (Bul) - ATP#23, Junior Wimbledon & U.S Open champion (2008)



VAN DER MEER TENNIS ACADEMY



VAN DER MEER TENNIS ACADEMY



Become a Champion



Dennis Van der Meer



Effort



Conditioning



Achievement



Focus



Technique



Location



Hard Work



Friendship

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2020/2021 ACADEMY CALENDAR



VAN DER MEER TENNIS ACADEMY

August 5, 2020	Christian Academy classes begin (August 5th)
August 12, 2020	Hilton Head Prep classes begin (August 12th)
August 15, 2020	VDMTA Boarding Facility Opens (August 15th)
August 17, 2020	VDMTA On-Court training begins (August 17th) Heritage Academy classes begin (August 17th) Hilton Head High School classes begin (August 17th)
December 18, 2020	Last day of the Academy/ VDMTA Training Break
December 19, 2020	VDMTA Boarding Facility Closes
December 21, 2020	Heritage Academy Winter Break
December 21, 2020	Hilton Head Prep Winter Break
January 3, 2021	VDMTA Boarding Facility Reopen
January 4, 2021	VDMTA On-Court training resumes
January 5, 2021	Prep Classes resumes
January 11, 2021	Heritage Academy Classes resume
March 8-12, 2021	Sprieg Break- No classes Hilton Head Prep
March 22-26, 2021	Spring Break- No classes Heritage Academy
April 12-16, 2021	No classes Hilton Head Prep
April 15-16, 2021	Heritage Golf, No classes Heritage Academy
May 22, 2021	HH Prep Graduation
May 26, 2021	Heritage Graduation / Last day of School
May 28, 2021	HH Prep Last Day of School
May 28, 2021	Last Day of VDMTA On-Court training

Schedule subject to change

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ACADEMICS



VAN DER MEER TENNIS ACADEMY

Along with helping players strive to meet their professional tour goals, Van Der Meer Tennis Academy takes great pride in developing scholar athletes. Understanding the importance of partnering with a diverse selection of academic programs, Van Der Meer Tennis Academy is pleased to list the following educational opportunities available to our players.

Recognizing the importance of maximizing on-court time with strong academic performance, Van Der Meer Tennis Academy encourages academic support when needed. Players can usually arrange additional instruction through the schools we work with in the following areas:

ESL and TOEFL for international students • SAT and ACT strategies and instruction • Subject-related support
Skill development • Distance Learning support

Heritage Academy

This nationally accredited private college-preparatory school offers the most flexible schedule and personalized education for the primarily golf and tennis students who comprise the student body.

Website: www.heritagehhi.com

Address: Heritage Academy,

11 New Orleans Road, Hilton Head, SC 29928

Admissions Contact: Tina Sprouse 843.842.8600

Hilton Head Prep

Hilton Head Prep is also a more traditional prep school that is nationally accredited on Hilton Head Island.

Website: www.hhprep.org

Address: Hilton Head Preparatory School,
8 Foxgrape Road, Hilton Head, SC 29928

Admissions Contact: Bobbie Somerville 843.671.2286 Ext. 315

Distance Learning

Students who want to maximize their training and tournament play at the most reasonable price select Distance Learning. This 21st century approach to education allows Van Der Meer players the most flexibility to combine the ultimate tennis program with strong academics. If you would like to learn more about enrolling in online courses or combining online learning with traditional classroom learning, please contact the Admissions Coordinator.

Students living on Hilton Head with their parents or an approved guardian may also choose to attend Hilton Head Christian Academy (www.hhca.org) or Hilton Head Public High School (<http://web.beaufort.k12.sc.us/education/school/school.php?sectionid=17>). Since these schools are located so close to Van Der Meer Tennis Academy, training options include personalized after-school and weekend programs.

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FULL-TIME ACADEMY MEMBER - 2020-2021



VAN DER MEER TENNIS ACADEMY

PROGRAMS OFFERED

AM & PM Program

Highly ranked state, sectional, national, ITF, collegiate, ATP, WTA tournament and High School players

SESSION SCHEDULE

Monday	3:00–6:00PM
Tuesday	10AM–12PM, 3:00–6:30PM
Wednesday	10AM–12PM, 3:00–6:00PM
Thursday	10AM–12PM, 3:00–6:30PM
Friday	10AM–12PM, 3:00–6:00PM
Saturday	9:00AM–12PM

CONTRACT RATES

Program	Full Year	Semester
Residential Boarding Students - All Day	\$39,965	\$21,115
Residential Boarding Students - PM Sessions Only - Includes Saturday**	\$36,465	\$19,105
Day Students (non-boarding) - AM/PM Sessions	\$23,745	\$12,615
Day Students (non-boarding) - PM Sessions	\$19,315	\$10,195

** PM Program includes Saturday AM

All contract rates are good for one Academy year - 8/2020-5/2021

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FALL & SPRING VISITOR RATES - 2020-2021



VAN DER MEER TENNIS ACADEMY

SESSION SCHEDULE

Monday	3:00-6:00PM
Tuesday	10AM-12PM, 3:00-6:00PM
Wednesday	10AM-12PM, 3:00-6:00PM
Thursday	10AM-12PM, 3:00-6:00PM
Friday	10AM-12PM, 3:00-6:00PM
Saturday	9:00AM-12PM

VISITOR RATES

Training Time	Rate
AM Sessions (10:00-12:00)	\$75
PM Sessions (3:00-6:00)	\$110
All Day	\$170
Tennis and Boarding	\$230/day
Saturday AM Sessions (9:00-12:00)	\$110
Weekly (All Sessions) Tennis Only	\$755
Weekly (All Sessions) Tennis & Boarding (6 nights)	\$1,150

NOTE: Contract rates are a better value than the visitor rates
 All contract rates are good for one Academy year - 8/2020-5/2021
 *Room and Board is \$60 per day

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PROSPECTIVE ACADEMY PLAYER INFORMATION FORM



VAN DER MEER TENNIS ACADEMY

GENERAL INFORMATION *(Please Print)*

Player's Name _____

Home Address _____

Parent's Cell _____ Student's Cell _____

Parent's E-mail _____ Students's E-mail _____

Date of Birth _____ Age _____ Gender _____

Country of Citizenship _____

TENNIS INFORMATION

Ranking(s) _____
State _____ Section _____ National *(If not USA, name country)* _____ UTR _____

Is your long-term goal to play college tennis? (Circle One) Yes _____ No _____

Are you hoping to earn a tennis scholarship? (Circle One) Yes _____ No _____

Would you want to play pro tennis one day? (Circle One) Yes _____ No _____

ACADEMIC INFORMATION

Year in School/College _____
Fresh. Soph. Jr. Sr. Current/Recent GPA _____

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COLLEGE PLACEMENT PROGRAM



VAN DER MEER TENNIS ACADEMY

The ultimate goal for many young athletes is to receive a partial to full athletic scholarship to the university of their choice. At Van Der Meer, we strive to build life champions in the classroom as well as on the court. Our players are encouraged to commit to a rigorous scholastic program so that outstanding tennis performance is coupled with strong academics. Most of our past players have earned the title Scholar Athlete and received scholarships to prestigious universities. Whether interested in attending an Ivy League college, playing Division I Tennis, or beginning at a Junior College level, Van Der Meer coaches assist players so that dreams come true.

Testimony to the success of our college placement program is evidenced in the following list.

COLLEGES ATTENDED BY GRADUATES

Auburn University	Iowa State University	Stanford University	University of Indiana
Baylor University	Jacksonville State University	Temple University	University of Kentucky
Bucknell University	James Madison University	The Citadel	University of North Carolina
Clemson University	Liberty University	Tufts University	University of Notre Dame
Coastal Carolina University	Louisiana State University	Tulane University	University of Pennsylvania
Colgate University	Michigan State University	University of Alabama	University of Richmond
College of Charleston	North Carolina State University	University of Arkansas	University of South Carolina
Columbia University	Northwestern University	University of Colorado	University of Tennessee
Davidson College	Pennsylvania State University	University of Florida	Vanderbilt University
Duke University	Princeton University	University of Georgia	Virginia Polytechnic Institute
Emory University	Rutgers University	University of Illinois	Wake Forest University
Harvard University	Southern Methodist University	University of Iowa	West Virginia University
