



## **RESPECT**

Dennis & Pat Van der Meer Founders

Brian DeVilliers

Academy Director

Elizma Nortje Head Pro Mental Training Director

**Tommy Shimada**ATP Coach
Doubles Specialist

Nick Grafton Academy Coach Athletic Trainer

Haris Poric Senior Staff Pro

Travis Curran Head Pro

Claudia Escribens Hideki Ishii Nicola Manni Becca Richison Academy Coaches

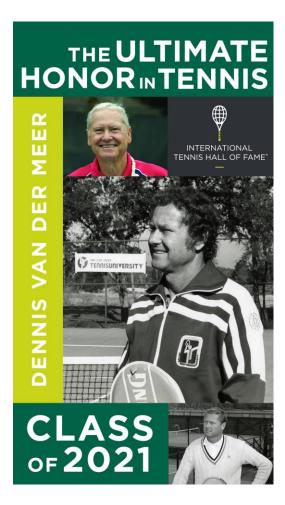
Sally Droop

Quickstart Instructor

Our founder and guiding star, Dennis Van der Meer, was recently inducted into the International Tennis Hall of Fame in Newport Rhode Island. While we miss seeing him on court, we can hear his voice echoing in our heads, and his timeless tips will live forever through the countless coaches he taught over the years. Respect for every person and for the game of tennis was of utmost importance to Dennis, and through his wit and wisdom, he was able to get even the most contrary student to understand how important character is and reflect respect on and off court.

This year's US Open was played without some of our most shining stars and role models. Roger and Rafa have carried this mantle for years, and thankfully some new young stars seem ready to help take it up. Sascha Zverev, Felix Auger Aliassime and Emma Raducanu and Leylah Fernandez come to mind immediately.

As the new Academy year begins, we think about all our alumni and how proud we are to have been a positive influence in their development. This summer we had so many visitors, as well as messages about Dennis' Induction. We are so proud of our kids around the world; respectful champions in tennis and in life. We hope the new batch of players turn out equally well, making Dennis proud.



## HOLIDAY CAMPS — TAKE IT TO THE NEXT LEVEL

Summer camps were full and awesome. Many families loved the convenience of renting across the street in Beach Arbor, so we are continuing to rent these units as demand on Hilton Head has soared. Thanksgiving and Winter Holiday Camps should be packed as well, so plan early and come see us on the courts!

Junior Camps - November 22-27 | November 26-27 | December 27-31

Academy Week Camp - November 22-27 | register at vdmtennis.com







**VAN DER MEER TENNIS ACADEMY** 

HILTON HEAD ISLAND, SC 1.800.845.6138







## **TEAM VDM CHAMPS**



## MENTAL TRAINING CORNER — MANAGING INTENSITY IN MATCH PLAY

We just finished the DVDM Shipyard Cup. Our long- running women's pro circuit event had to be canceled last year due to COVID, and we certainly were challenged this year with the protocol, and two rain days. But everyone pulled together and our young players had great opportunities to experience playing in this event. Several earned WTA points! All competed very well. We watched these players figure out how to find the balance of dealing with the highs and lows of emotions, learning how to schedule their fuel intake and staying in the present. They all showed a lot of improvement match by match, and we could see their confidence growing. Most found that they played best when keeping high energy, but not getting too extreme in their display of emotions. Keeping it positive and playing forcefully with safe margins while staying focused on every point won matches. Dennis would be proud of all the VDM girls who played in the event.







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